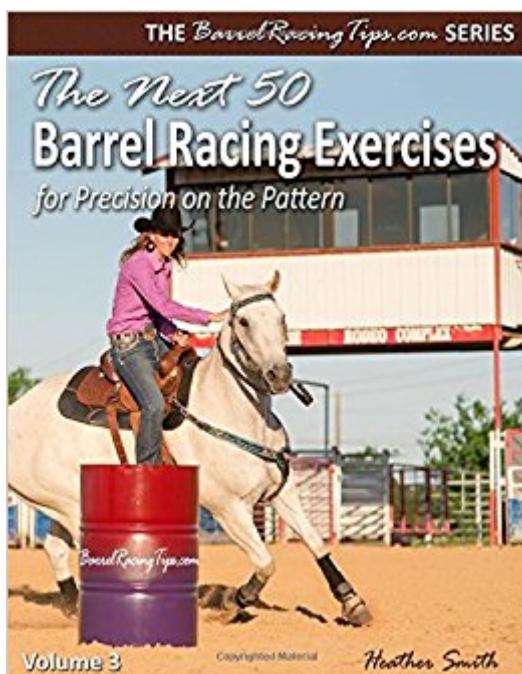


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# The Next 50 Barrel Racing Exercises For Precision On The Pattern (Volume 3)



## Synopsis

Have you developed a strong foundation in yourself and your horses, and seem to be doing everything right - but STILL aren't clocking in competition? Do you ever feel stuck in your barrel racing, wondering what you could possibly be missing? After sharing Volumes I and II in the BarrelRacingTips.com series, author Heather Smith's collection of barrel racing drills comes full circle in *The Next 50 Barrel Racing Exercises for Precision on the Pattern*. In this new barrel racing book, she's shared advanced exercises with the power to reveal the true potential in horse and rider alike, including:

- Simple steps for more quickness and agility in a run
- How to increase engagement and maneuverability
- Advanced groundwork for stronger equine biomechanics
- Conditioning schedules to get your horse fit and FAST
- Fine-tuning techniques for each individual barrel

An entire chapter dedicated to SPEED development

Heather has shared the critical and lesser known tips for barrel racing to understand the "how, when, where and why" for applying any exercise; making this a unique and valuable barrel racing book - enabling you to know exactly what type of barrel horse training is necessary in any circumstance, and provide it with perfect timing. Whether your goal is to take your barrel racing to the next level or the highest levels, these 50 barrel racing drills have the power to take what's good and make it great by refining your horse's responsiveness, form, and responsibility, as well as prepare you to be the athletic, confident jockey your barrel horse deserves. If you're ready to enter the alley with confidence and shave time off the clock - because you've successfully developed a barrel horse that is fit, strong, educated, mentally connected and prepared to WIN, then "*The Next 50 Barrel Racing Exercises*" is for you.

**REVIEWS**

"This is just as good as *The First 51 Barrel Racing Exercises*! I have flags for references throughout the book. I recommend it to anyone who is serious about training your horse to run barrels competitively." - Vickie N.

"This book is so great. I love the way Heather works with horses, she is amazing. This book just demonstrates how to do drills and really all there is. I loooove it!" - Leslie J.

"This book is very beneficial for both the beginner, as well as the advanced rider. I enjoyed detailed explanation of the why, when, and how. Beautiful pictures. Horsemanship is a continuous journey. This book is filled with useful barrel racing tips to compliment anyone's program. Love the numerous exercises to troubleshoot or enhance. Thank you for this valuable resource!" - Cindy R.

## Book Information

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## Customer Reviews

Heather Smith is a Texas barrel racer with a passion for horsemanship and personal development. Through her own journey to achieving barrel racing success, she became inspired to help others do the same. Heather continues to compete and share her insights at BarrelRacingTips.com.

Have not finished it yet, but there is a tremendous amount of great information in this book!! Excited about having Heather's insight so readily available!

Heather's philosophies are aligned with the way I believe horses should be cared for and treated. She is insightful and her coverage of all things barrel racing are appreciated by someone getting back in the game after several years.

Yes, I like the clear directions, descriptions, and ease of use. All Heather A. Smith's books are excellent.

Amazing book

Not just a what to do, but a how to do it! The exercises are explained in detail, along with explicit goals and expected results. Illustrations, photo examples and charts guide you along the way making it challenging to map your progress and your success. Heather continues thru her Barrel Racing Tips series to share her knowledge and experiences and truly inspires me, to not only want to improve my horses, but myself as well...and in all arenas. Thank you for this latest edition for Precision on the Pattern. Your writing style provides awesome support!

This book is a must have. No matter your level of experience this book will greatly help not only your horse but you too. Wonderful illustration, easy to understand narrative and explanations of why and what to expect from your horse. I have benefitted greatly from her first two books and am looking forward in doing the same with this book. Thank you Heather Smith for sharing your knowledge.

I received the book and was like a kid in the candy store when I opened it. I started paging through and could not wait to get started. There are so many drills and exercises for any and every situation. I just purchased a 4 year old prospect that I am super excited to get started with on some of these drills. I like how the book starts literally like the second chapter says, from the ground up. Heather really put some great thought into this book to address every issue a barrel racer may have and for every level horse and rider. Books like this are hard to come by. If you're looking for some reading and an opportunity to learn how to improve as a rider....this book is it!

This book is an excellent companion to "The First 51 Barrel Racing Exercises". It is well written and easily understood with excellent illustrations and explanations. The book takes a very holistic view (mental, emotional and physical) focusing on both the rider and the horse and what it takes to become a successful competitive barrel racer. It is obvious that the author has built upon her own knowledge and experiences and shares those insights with the reader. I felt like I was being personally coached because the writing style is so positive and specific to my needs. This is one of those "must have" books for anybody who rides and/or competes.

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